

Welcome!

I would like to take this opportunity to welcome you all to the first edition of our new monthly newsletter. This initiative by Karen the PRO is designed to improve communication between all sections of the club. It also allows the Executive to communicate directly with the members and let everybody know all the great work being done across all the sections. It is our hope that club members will contribute to the newsletter each month with photos and articles. Thank you all for your great work on and off the pitch and I want to take the opportunity to wish all our teams the best of luck over the coming season.

Best wishes
Nick Tarrant, Chairman

Recruitment

Thanks to the members who helped at our stand at the Lucan Garda Station open day on 8th September. Thanks also to Niall and Fabio who handed out flyers outside of St Mochtas school. We have tons more flyers so if anyone wants to take some just drop me a message and I'll get them to you.

Just for fun! (Answers at the end)

- Q1. What year was the club founded?
- Q2. What is the name of the clubs mixed ability tag rugby team?
- Q3. Who is the captain of Leinster men's team?
- Q4. Who is the captain of Ireland women's team?
- Q5. Which country will host the next Rugby World Cup?

Team news

U10



The U10s numbers are growing steadily and more parents are getting involved with helping out at training and matches which is great to see. They welcomed Greystones last weekend and played some great rugby.

U13



The U13s have moved up to 15 a side rugby this year and have won their first ever competitive match by a 50-point margin. The lads have shown just what they are capable of after all the hard work put in at training. They are currently playing grading fixtures which will lead into the league in the new year.

U14

The U14s are currently playing grading fixtures to lead into the league after Christmas.

U17

The U17s have joined forces with Ratoath RFC this year and are competing in Leinster North East league and Metro school / youth

league. They are coached by Adrian Van de Berg and Alan Hickey from Ratoath helped by Westmanstown's Damien Maher. They train on Wednesdays in Westmanstown at 19:30 and Fridays in Jamestown Park, Ratoath at 19:30. Home matches are alternating between Westmanstown and Curragha.

Women



A massive recruitment drive and the appointment of new coach, Rory Bond, has seen numbers grow to 24 players. They have played two matches so far in the league and while the scores didn't go their way the improvement seen between the two matches was incredible. With several players having never played rugby before, this improvement is sure to continue as they learn and settle into the game. The future looks bright for this team who are still recruiting and welcoming new players to training Tuesday and Thursday evenings at 19:30.

Men



This season has started well with large numbers at training and victories in the Madden cup matches against DLSP and CYM see them in the semi-final of competition against Dublin Dogos. They have had mixed results in their two league matches with one defeat against Midland Warriors, a match best forgotten for three intercept tries and one draw against Nth Meath, a match in which the team surrendered a 14 point lead with 10 minutes left.

The men will field a 2nd team against New Ross in their next outing on 13th October away, this is a massive boost for the men's section as its 7 years since the club has fielded a second team. This is the result of a massive recruitment drive by the coach and management. New players and people who want to get involved with the team in whatever capacity are always welcome.

Wasps



The club mixed ability team The Wasps have gotten back into their season with two blitzes so far. The first took place in Barnhall on 8th September, the second in Tullamore on 29th September. Their numbers are continuing to grow, and they are always on the look out for new players with training taking place on the Astro pitch at 12

o'clock on Sundays.

Sponsorship



The club is looking for new sponsorship partners. There are lots of opportunities to get involved, from pitch side signs to team jerseys to sponsoring an event taking place. If you feel you or your company can help in any way, please contact:

info@westmanstownrfc.com

Your club, your country



One of the easiest ways to fundraise for your team is back again this year. All money raised from the ticket sales goes back to the teams that raised it. Tickets have been distributed to team representatives so get in touch to buy them or sell them on. We had a winner in the club last year so hopefully our luck will continue this year.

Christmas Party



The Christmas party has been pencilled in for Saturday 14th December 12-3pm, for this to go ahead however

we need volunteers. There are a number of ways to get involved; (A) organise it (B) help set up the room (C) help out on the day. Unfortunately, without the volunteers this event can't go ahead so even if you just give an hour please get in touch.

Referees and coaches



We are always on the lookout for referees and coaches so if you think this is something you are interested in pursuing please don't hesitate to get in touch.

Registration



Registration is now due for all members.



If you want to get in touch about anything in this issue or have any stories or news items you would like included in future issues, please email gardarfcpro@gmail.com

Answers

A4. Ciara Griffin A5. France Wasps. A3. Jonathan Sexton A1. 1965. A2. Westmanstown

Upcoming fixtures

	Away match	Home match			
	13.10.19	20.10.19	27.10.19	03.11.19	10.11.19
U7	Barnhall				TBC
U8	Coolmine				TBC
U9	Stilorgan				TBC
U10		Clondalkin 10am			Wanderers
U11	Suttonians	Coolmine 9am			St Marys
U12				OBRFC	
U13	Bective	Old Wesley	St Brigids 11am		Clondalkin 11:30am
U14		Bective 11:30am		Suttonians 11:30am	
U15					Wicklow
U16					
U17	Navan	Skerries 12pm		Boyne	Suttonians
Women		Gorey		Navan	Arklow
Men	New Ross	Railway Union		Arklow	Athy
Mens 2 ^{nds}	New Ross			Arklow	
Wasps					